# Newsletter

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## **Fire Safety**

Fire needs three things: Fuel, Oxygen, and Air. Creating simple habits may help you to avoid a fire and, by implementing fire safety precautions in your home, you can save time and lives.

### Smoke Alarms

Smoke alarms should be on every level of a home, both inside and outside of each bedroom. Smoke alarms should be checked every month to ensure the batteries are working.

#### **Family Safety**

- Have two escape routes from each room in the house.
- Establish a family meeting spot.
- Practice escaping two times a year from your home.
- Be sure everyone knows how to call 911.
- Have a key contact person to check in with if you can't find family members after an evacuation.
- Teach family members to STOP, DROP, and ROLL.
- Be sure your house number is visible from the street.
- Talk often to your children about fire safety.
- Talk with children about fire dangers such as matches, fire and lighters.

#### **Avoiding Kitchen Fires**

- Stay in the kitchen when cooking.
- Keep pets off of hot surfaces and countertops.
- Keep the area around the stove and heat generating appliances clear of flammable items such as potholders, papers, and dish towels.
- If a fire starts in a pan, place a lid on top and leave until cool.
- If a fire starts in the oven, turn off the heat and keep the door closed.

#### Dos and Don'ts

- Keep items at least three feet from anything that gets hot or space heaters.
- Keep a fire extinguisher on every level in your home, ideally near the kitchen, bedrooms, exits and garage.
- Turn portable heaters off when leaving the room or sleeping.
- Check all appliance cords for wear.
- Use flashlights when power is out not candles.
- Install carbon monoxide detectors.
- Don't EVER smoke in bed.
- Don't smoke around oxygen tanks.

#### Sources:



https://www.redcross.org/get-help/how-to-prepare-for-emergencies/types-of-emergencies/fire.html https://www.nfpa.org/education-and-research/home-fire-safety/cooking